

# Personal Training



## Fitness Trainers

**1 hour: \$20**

**3 sessions – \$55**

**5 sessions - \$80**

**Pair (2 people) – 1 hour: \$32**

**3 sessions: \$88**

**5 sessions: \$128**

**TRI (3 people) – 1 hour: \$42**

**3 sessions: \$98**

**5 sessions: \$138**

**Fees for GAFC members**