

Spring Pool Schedule May 2018



MONDAY 5:30 AM – 8:45 PM	TUESDAY 5:30 AM – 8:45 PM	WEDNESDAY 5:30 AM – 8:45 PM	THURSDAY 5:30 AM – 8:45 PM	FRIDAY 5:30 AM – 7:45 PM	SATURDAY 8:00 AM – 3:45 PM	SUNDAY 1:00 PM – 5:45 PM
5:45-6:30 AM Aqua Aerobics	5:45-6:30 AM Aqua Aerobics		5:45-6:30 AM Aqua Aerobics	5:45-6:30 AM Aqua Aerobics		
8:30-9:15 AM Shallow Aqua Aerobics		8:30-9:15 AM Shallow Aqua Aerobics		8:30-9:15 AM Aqua Aerobics		
9:15-10:15 AM Deep H2O Aerobics	9:00-9:45 AM Shallow Aqua Aerobics	9:15-10:15 AM Deep H2O Aerobics	9:00-9:45 AM Shallow Aqua Aerobics	9:15-10:15 AM Deep H2O Aerobics	9:00-12:00 PM Swim Lessons (Lanes Used)	
9:30-10:30 AM Shallow Aqua Aerobics	9:45-10:30 AM Aqua Tone	9:30-10:30 AM Aqua Tone	9:45-10:30 AM Aqua Therapy	9:30-10:30 AM Aqua Aerobics	9:00-12:30 PM Swims Lessons (Shallow Area)	
10:30-11:30 AM Aqua Arthritis	10:30-11:30 AM Aqua Arthritis	10:30-11:30 AM Aqua Arthritis	10:30-11:30 AM Aqua Arthritis	10:30-11:30 AM Aqua Arthritis	12:30-2:30 PM Pool Party Time Available	3:30-5:30 PM Pool Party Time Available
5:15-5:45 PM Swim Lessons (Lanes Used)	4:30-5:30 PM Lifeguard Training		5:30 – 6:30 PM Swim Lessons (Lanes Used)			
6-7 PM Swim Club (Lanes Used)			6:30 – 7:30 PM Swim Club (Lanes Used)			
5:30-6:30 PM Aqua Aerobics	5:45-8:00 PM Swim Lessons: Shallow End	5:45-6:45 PM Aqua Tone				
	6:30-8:30 PM Special Olympics		6:30 PM-8:30 PM Special Olympics			

DUE TO POOL PROGRAMS: “Restricted FREE Swim” Monday-Friday 8:30-11:30AM & Tuesday & Thursday after 4:30 PM; Lap lanes may be limited for patron use during these times.

BASKETBALL HOOP AVAILABLE UPON REQUEST