

# *Active Youth Challenge*

*Program Dates: January 25-March 18*

*Program Location: Greenville Aquatics & Fitness Center*

*For ages 8-16 years old*

**Program will provide one-on-one active training 2 days/week**

Get your child started on the path to fitness!

- Individualized Training
- Non-Competitive Atmosphere
- Increase Cardio Endurance
- Increase Strength and Flexibility

*Registration Deadline: January 15*

*Registration limited*

*Available for all fitness levels*

**For fee info and registration, call GAFC at 252-329-4041**

