



# TEEN FIT CLASS

12:30PM - 2PM

**MONDAYS & WEDNESDAYS**

JUNE 24 - JULY 10

- ✓ **ORGANIZED GROUP FITNESS**
- ✓ **2X A WEEK FOR 3 WEEKS**
- ✓ **SPECIFICALLY FOR TEENAGERS AGES 12-17**

This strength & conditioning class will focus on motivation techniques & proper form while incorporating many fun activities.

**Fee: \$45; Greenville Resident \$30; GAFC Member \$20**

SCAN ME



## Registration:

At any facility or online at [GreenvilleNC.gov](http://GreenvilleNC.gov)